



UNIVERSITY OF  
**BALAMAND**  
FACULTY OF MEDICINE & MEDICAL SCIENCES

IN COLLABORATION WITH



Faculty of Health Sciences  
Nursing Program

UNDER THE PATRONAGE AND PRESENCE  
OF THE MINISTER OF PUBLIC HEALTH OF LEBANON  
**DR. RAKAN NASSRELDINE**

# 3<sup>rd</sup> MEDICAL CONGRESS

## Advances in Multidisciplinary Healthcare

**May 30<sup>th</sup> - 31<sup>st</sup>, 2025**

### HANDS-ON WORKSHOPS

- 1- Advanced Workshop on Pulmonary Cryotherapy & Plasma Argon:  
**Techniques and Clinical Applications**
- 2- Management of difficult airways
- 3- Transthoracic Echography for non-cardiologists
- 4- Introduction to general cardiology for medical students



**May 31<sup>st</sup>, 2025**

University of Balamand - Koura Campus, North Lebanon

ORGANIZED BY:

**INFOVED**  
Innovating | Executing | Networking  
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**13.5 CME  
CREDITS**

*With the participation of*



**MOUNT LEBANON HOSPITAL**  
BALAMAND UNIVERSITY MEDICAL CENTER



**NOTRE DAME UNIVERSITY HOSPITAL**  
LEBANESE HEALTHCARE MANAGEMENT - SAL



**S+MC**  
Saint Therese Medical Center



Dear Colleagues,

On behalf of the organizing and scientific committees, it is my great pleasure to invite you to the **University of Balamand 3<sup>rd</sup> Medical Congress**, taking place on **May 30<sup>th</sup> and 31<sup>st</sup> at the Koura Campus**. This prestigious event will gather medical professionals, researchers, and specialists to discuss advancements and foster collaboration in healthcare.

This year’s congress will feature a diverse program with multidisciplinary sessions across various medical specialties. In addition to the main sessions, there will be three parallel sessions dedicated to Pediatrics, Orthopaedics, and Obstetrics & Gynaecology, offering focused discussions on the latest developments in these fields while promoting interdisciplinary collaboration.

The congress will also include interactive multidisciplinary sessions, where experts will address complex clinical cases, innovative treatments, and integrated patient care strategies. Hands-on workshops will provide participants with valuable insights into emerging technologies and the latest clinical practices.

Beyond the scientific program, attendees will have numerous opportunities for networking, collaboration, and knowledge exchange in a collegial environment.

We look forward to welcoming you to the University of Balamand campus for an inspiring and impactful event. Your participation will greatly contribute to its success.

Warm regards,



A handwritten signature in blue ink, appearing to read 'G. Nabbout'.

**Ghassan Nabbout, MD**  
Organizing Committee Chair



A handwritten signature in blue ink, appearing to read 'Adlette Inati'.

**Adlette Inati, MD**  
Scientific Committee Chair

## SCIENTIFIC COMMITTEE

Adlette Inati, MD | Chair  
Antoine Abou Moussa, MD  
Fadi Abdulkarim, MD  
Falah Bashour, MD  
Ghassan Nabbout, MD  
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Louis Chaptini, MD  
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Maroun Abou Jaoude, MD  
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Nancy Nakhoul, MD  
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Ramzi Moucharafieh, MD  
Samer Nasr, MD

## ORGANIZING COMMITTEE

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Zavi Lakissian, MD  
Ziad Abi Khattar, PhD

# DAY 1: FRIDAY 30<sup>TH</sup> | NAHYANE AUDITORIUM

08:30 - 09:00	Registration
09:00 - 10:25	<b>Session 1: Strategies for Diabetes and Cardiovascular Risk Reduction</b>   Chair: Mounzer Saleh, MD <b>Moderators:</b> <i>Maya Barake, MD - Rania El Mays, MD - Chaouki Al Haddad, MD</i>
09:00 - 09:20	LECTURE SUPPORTED BY NOVONORDISK The Cardiometabolic Approach: A Holistic Management for Type 2 Diabetes <b>Carole Saadé Riachi, MD</b>
09:20 - 09:40	LECTURE SUPPORTED BY ASTRA ZENECA Advancing Diabetes Care: From Control to Complications <b>Rita Nemr, MD</b>
09:40 - 10:00	● Advances in Diabetes Management and Their Impact on Diabetes Related Complications <b>Monzer Saleh, MD</b>
10:00 - 10:20	LECTURE SUPPORTED BY BOEHRINGER INGELHEIM Cardiorenal Metabolic Risk Management - From Screening to Intervention <b>Nancy Nakhoul, MD</b>
10:20 - 10:25	Q&A
10:25 - 10:45	Coffee Break
10:45 - 12:10	<b>Session 2: Advances in Stroke Management: From Emergency to Intervention</b>   Chair: Nisrine Bazarbachi, MD <b>Moderators:</b> <i>Rachid Rahme, MD - Costy Kheir, MD</i>
10:45 - 11:05	● Emergency Room Management of Stroke: First Hour Saves Lives <b>Nour Osta, MD</b>
11:05 - 11:25	● Updates in Acute Ischemic Stroke Imaging CT, MRI or Artificial Intelligence <b>Raghid Kikano, MD</b>
11:25 - 11:45	● Thrombolysis and Anticoagulation in Stroke <b>Nabil Mohsen, MD</b>
11:45 - 12:05	● Frontiers in Stroke Thrombectomy <b>Raghid Kikano, MD</b>

# DAY 1: FRIDAY 30<sup>TH</sup> | NAHYANE AUDITORIUM

12:05 - 12:10

Q&A

12:10 - 13:50

**Session 3: Cardiometabolic** | Chair: Hisham Dib, MD  
**Moderators:** *Antoine Tarabay, MD - Mohammad El Sheikh, MD - Antoine Stephan, MD*

12:10 - 12:30

● Update on Management of Atrial Fibrillation **Wadih Ayoub, MD**

12:30 - 12:50

● Medical Treatment of Atrial Fibrillation **Samer Nasr, MD**

12:50 - 13:10

LECTURE SUPPORTED BY ASTRA ZENECA  
Delivering HF Care Across EF Spectrum **Georges Saade , MD**

13:10 - 13:25

● Tips and Tricks in Heart Failure Therapy **Rana Waked, RN**

13:25 – 13:45

● Leap Forward in Heart Failure Care **Hadi Skouri, MD**

13:45 - 13:50

Q&A

13:50 - 14:50

Lunch Break

14:50 - 15:55

**Session 4: Nephrology** | Chair: Line Bou Khalil, MD  
**Moderators:** *Georges Aftimos, MD - Walid Abou Jaoude, MD - Chebl Mourani, MD*

14:50 - 15:10

● Time to Rethink Therapy in IgA Nephropathy **Chebel Khalil, MD**

15:10 - 15:30

● Clinico-Pathological Correlation **Hala Kfoury, MD**

15:30 - 15:50

● Uncontrolled Blood Pressure **Suzanne El Sayegh, MD**

15:50 - 15:55

Q&A

# DAY 2: SATURDAY 31<sup>ST</sup> | NAHYANE AUDITORIUM

08:30 - 09:00	Registration	
09:00 - 9:30	OPENING CEREMONY	
09:30 - 10:50	<b>Session 5: Geriatrics</b> Chair: Khalil Achkar, MD	
09:30 - 09:50	● Optimizing Medication Use in Older Adults: Strategies for Deprescribing and Safer Prescribing Practices	<b>Georges Assaf, MD</b>
09:50 - 10:10	● A Compendium of Depression and Anxiety in the Elderly	<b>Ramzi Hajjar, MD</b>
10:10 - 10:30	● Nutritional Evaluation in the Elderly: What Do Physicians Need to know ?	<b>Francois Sahyoun, MD</b>
10:30 - 10:45	● Teamwork Saves Lives: The Nurse’s Voice in Preventing Medication Errors	<b>Christine Azar, PhD, RN</b>
10:45 - 10:50	Q&A	
10:50 - 11:10	Coffee Break	
11:10 - 12:35	<b>Session 6: From Scope to Catheter to Scalpel: Modern Approaches to GI Bleeding</b>   Chair: Louis Chaptini, MD <b>Moderators: Noha Hachem, MD - Tony Kfoury, MD - Rose Al Bacha, MD - Wakim Wakim, MD</b>	
11:10 - 11:30	● Ulcers, Varices and Beyond: Endoscopic and Adjunctive Strategies for Upper GI Bleeding	<b>Louis Chaptini, MD</b>
11:30 - 11:50	● Chasing the Source: Diagnostic and Therapeutic Strategies for Lower GI Bleeding	<b>Mahmoud Osman, MD</b>
11:50 - 12:10	● Interventional Radiologist in Action: When, How, and Why to Intervene in GI Bleeding	<b>Nadim Muallem, MD</b>
12:10 - 12:30	● Beyond Endoscopy and Embolization: Defining the Surgeon’s Role in GI Bleeding	<b>Mustafa Allouch, MD</b>
12:30 - 12:35	Q&A	

# DAY 2: SATURDAY 31<sup>ST</sup> | NAHYANE AUDITORIUM

12:35 - 14:15	<b>Session 7: Respiratory Care in Focus: ARDS Updates and Breakthroughs</b>   Chair: Pierre Mrad, MD <i>Moderators: Carole Youakim, MD - Jerard Bleibel, MD - Georges Chalouhi, MD</i>	
12:35 - 12:55	● ARDS Updates and Breakthroughs	<b>Mirna Fares, MD</b>
12:55 - 13:15	● The Unforgotten Threat	<b>Noura Shakaroun, MD</b>
13:15 - 13:35	● Updates in Thrombectomy for Pulmonary Embolism: The Evolving Role of Interventional Radiology	<b>Marwan Haddad, MD</b>
13:35 - 13:55	● Progressive Pulmonary Fibrosis : New Era .. New Hope	<b>Zahia Chahine, MD</b>
13:55 - 14:10	● Rapid Response Team: Evidence-Base and Comparative Statistics with MLH	<b>Nada Sammoury, MSN, MSE, HN</b>
14:10 - 14:15	<b>Q&amp;A</b>	
14:15 - 15:15	<b>Lunch Break</b>	
15:15 - 16:40	<b>Session 8: Transplant</b>   Chair: Mustapha Allouch, MD <i>Moderators: Frederic Harb, PhD</i>	
15:15 - 15:35	● Transplant Surgery: Pass Present and Future	<b>Mustafa Allouch, MD</b>
15:35 - 15:55	● Advances in Stem Cell Therapy	<b>Albert Azar, MD - Charbel Khalil, MD</b>
15:55 - 16:15	● Immunosuppression in Organ Transplantation	<b>Maroun Abou Jaoude, MD</b>
16:15 - 16:35	● Panel Discussion: Ethical Legal and Religious Issues	
16:35 - 16:40	<b>Q&amp;A</b>	

DAY 2: SATURDAY 31<sup>ST</sup> | RIZK AUDITORIUM - GHASSAN RIZK HALL

PEDIATRIC DAY

08:30 - 09:00	Registration	
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE AUDITORIUM	
09:30 - 10:50	<b>Session 1</b>   Chair: Adlette Inati, MD <b>Moderators:</b> <i>Aya Trabulsi, MD - Gladys Gemayel, MD - Jennifer Abi Younis, MD</i>	
09:30 - 09:50	● Hemoglobinopathies - Successes and Challenges	Adlette Inati, MD
09:50 - 10:10	● Transfusion Guidelines in Children	Dolly Noun, MD
10:10 - 10:30	● Approach to Neck Masses in Children	Roula Farah, MD
10:30 - 10:50	LECTURE SUPPORTED BY MERSACO AMGEN ITP Beyond The Acute Phase: Evolving Perspectives on Chronic Disease and Modern Managemnet <b>Moderators:</b> <i>Dany Khoury, MD</i>	
10:30 - 10:50	Peter Noun, MD	
10:50 - 12:05	<b>Session 2</b>   Chair: Adlette Inati, MD <b>Moderators:</b> <i>Faysal Tleis, MD - Randa Jamal Akoum, MD - Hala Feghali, MD</i>	
10:50 - 11:10	● Acute Respiratory Distress in the Newborn	Faouzi Maalouf, MD
11:10 - 11:30	● Common Pediatric Emergencies	Marianne Majdalani, MD
11:30 - 11:50	● Nutritional Intervention and Their Role in Pediatric Allergy	Mode Al Ojaimi, MD
11:50 - 12:05	Q&A	
12:05 - 12:35	Coffee Break	

DAY 2: SATURDAY 31<sup>ST</sup> | RIZK AUDITORIUM - GHASSAN RIZK HALL

PEDIATRIC DAY

12:35 - 13:45	<b>Session 3</b>   Chair: Adlette Inati, MD <b>Moderators:</b> <i>Gaby Falakha, MD - Yolla Nassif, MD - Adlette Inati, MD</i>	
12:35 - 12:50	● Inborn Errors of Immunity: From Bench to Bedside	Cybel Mehawej, PhD
12:50 - 13:05	● Genetics Made Easy for the Pediatrician	Eliane Choueiry, PhD
13:05 - 13:20	● Genetic Disorders in Lebanon	Andre Megarbane, MD, PhD
13:20 - 13:35	LECTURE SUPPORTED BY MERSACO-SANOFI RARE DISEASES Metabolic Tourism in Lebanon <b>Moderators:</b> <i>Issam Maalouf, MD</i>	
13:35 - 13:45	Q&A	
13:45 - 14:50	Lunch Break	
14:50 - 15:20	● Panel: Heavy Menstrual Bleeding in Adolescent Girls: Diagnostic Inequality and Suboptimal Treatment └─ <b>Moderators:</b> <i>Abdul Fattah Al Kheir, MD</i>	Adlette Inati, MD Antoine Abou Moussa, MD
15:20 - 15:40	LECTURE SUPPORTED BY DANONE BLEDINA Fighting Iron Deficiency Anaemia in Children: Exploring Key Findings and Solutions <b>Moderators:</b> <i>Grace Akouri Houwayek, MD</i>	

# DAY 2: SATURDAY 31<sup>ST</sup> | RIZK AUDITORIUM - GHASSAN RIZK HALL

PEDIATRIC DAY

15:40 - 17:10	<b>Session 4</b>   Chair: Adlette Inati, MD <b>Moderators:</b> <i>Pia Kiwan, MD - Nadia Koleilat, MD - Yusef Rachkidi, MD - Ghassan Nabbout, MD</i>	
15:40 - 16:00	● Common Orthopedic Disorders in Children	Joe Rassi, MD
16:00 - 16:20	● Anxiety and Depression in Adolescents	Jocelyne Azar, MD
16:20 - 16:40	● Child Abuse: Red Flags	Myriam Al Amm, MD
16:40 - 17:00	● The Power of We: Interprofessional Education and Communication	Peggy Germanos, MSN, RN
17:00 - 17:10	Q&A	
17:10 - 17:35	Coffee Break	
17:35 - 18:55	<b>Session 5</b>   Chair: Adlette Inati, MD <b>Moderators:</b> <i>Rouba Shaker, MD - Guylnar Dib, MD - Ghaith Makhoul, MD - Ziad Massouh, MD</i>	
17:35 - 17:55	● Pediatric Vaccines - What is New?	Pamela Cherfan, MD
17:55 - 18:15	● Unraveling Rheumatological Disorders: When Symptoms Speak	Racha Tohme, MD
18:15 - 18:35	● Congenital Renal Anomalies	Dima Kayal, MD
18:35 - 18:50	● Pediatric Nephrology for the Busy Pediatrician	Ramy Ghabril, MD
18:50 - 19:00	Q&A	
19:00	● Closing Remarks	

DAY 2: SATURDAY 31<sup>ST</sup> | JACOBO AUDITORIUM - AIDA DANNIEL HALL

OB GYN DAY

08:30 - 09:00	Registration	
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE AUDITORIUM	
09:30 - 11:00	<b>Session 1</b> Chair: Antoine Abu Musa, MD <b>Moderators: <i>Mustafa Chabban, MD</i></b>	
09:30 - 09:50	● The Future of Robotic Surgery in Gynecologic Surgery: Advancements, Challenges, and Prospects	<b>Elie Chalhoub, MD</b>
09:50 - 10:10	● Endometriosis & Infertility: Evaluating the Role of Surgery	<b>Bassem Skaf, MD</b>
10:10 - 10:30	● Uterine Sparing Surgery in Premenopausal Abnormal Uterine Bleeding	<b>Abdelwahab EL Aly, MD</b>
10:30 - 10:50	● Revolutionizing IVF with Artificial Intelligence	<b>Chadi Fakh, MD</b>
10:50 - 11:00	Q&A	
11:00 - 11:40	Coffee Break	
11:40 - 13:30	<b>Session 2</b> Chair: Antoine Abu Musa, MD <b>Moderators: <i>John Sawaya, MD - Nicola Darazi, MD</i></b>	
11:40 - 12:00	● First Trimester Bleeding: Progesterone to Give or not to Give	<b>Toufic Nakad, MD</b>

**DAY 2: SATURDAY 31<sup>ST</sup> | JACOBO AUDITORIUM - AIDA DANNIEL HALL**

**OB GYN DAY**

12:00 - 12:20	● Updates on Epithelial Tumors of Female Genital Tract and Clinical Implications	<b>Fadi Abdulkarim, MD</b>
12:20 - 12:40	● Burnout in Medicine: Is it Worth it?	<b>Antoine Abu Musa, MD</b>
12:40 - 13:00	● Prevention of Preterm Birth: What World & What Doesn't	<b>Abdallah Adra, MD</b>
13:00 - 13:20	● From Stigma to Support: Encouraging Help-Seeking for Sexual Health Issues	<b>Mathilde Azar, PhD</b>
13:20 - 13:30	<b>Q&amp;A</b>	

DAY 2: SATURDAY 31<sup>ST</sup> | NAHYANE 202

ORTHOPEDIC DAY

08:30 - 09:00	Registration
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE AUDITORIUM
09:30 - 12:00	<b>Session</b>   Chair: Ramzi Moucharrafieh, MD <b>Moderators:</b> <i>Ramzi Moucharrafieh, MD</i>
09:30 - 09:50	● Supracondylar Fractures of the Humerus Pediatrics <b>Raed El Hassan, MD</b>
09:50 - 09:55	Q&A
09:55 - 10:15	● Tibial Plateau Slope and ACL Injury <b>Jack Daoud, MD</b>
10:15 - 10:20	Q&A
10:20 - 10:40	● Vascularized Nerve Grafts: Advancing Peripheral Nerve Reconstruction <b>Ramzi Moucharrafieh, MD</b>
10:40 - 10:45	Q&A
10:45 - 11:15	Coffee Break

DAY 2: SATURDAY 31<sup>ST</sup> | NAHYANE 202

ORTHOPEDIC DAY

11:15 - 11:35	● The History and Evolution of Hip Replacement Stems	Gabi Dib, MD
11:35 - 11:40	Q&A	
11:40 - 12:00	● AI in Orthopedic Surgery: Transforming Outcomes	Youssef Bassim, MD
12:00 - 12:05	Q&A	

# HANDS-ON WORKSHOP

## DAY 2 | NAHYANE ROOM 102

- Saturday May 31<sup>st</sup> 2025 Starting from 15:00  
  
Advanced Workshop on Pulmonary Cryotherapy and Plasma Argon: Techniques and Clinical Applications  
**Moderators: Pierre Mourad, MD**  
  
Pierre Mourad, MD - Noura Chacaron, MD - Radwan Zeidan, MD

**REGISTER HERE** 

## DAY 2 | SIMULATION CENTER

- Saturday May 31<sup>st</sup> Starting from 08:30  
  
Transthoracic Echocardiography (TTE) for non-Cardiologists  
**Moderators: Antoine Estephan, MD, MBA - Samer Nasr, MD**  
  
Adel Daas, MD - Gabriel Maarawi, MD

**REGISTER HERE** 

Limited Spots

## DAY 2 | SIMULATION CENTER

- Friday May 30<sup>th</sup> 2025 from 15:00 - 17:00  
  
Gates to General Cardiology  
**Moderators: Antoine Estephan, MD, MBA - Samer Nasr, MD**  
  
Fady Tohmeh, MD

**REGISTER HERE** 

Limited Spots

## DAY 2 | SIMULATION CENTER

- Saturday May 31<sup>st</sup> 2025 Starting from 08:30  
  
Into the Coronary Arteries  
**Moderators: Antoine Estephan, MD, MBA - Samer Nasr, MD**  
  
Omar Chamaa, MD

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