

UNDER THE PATRONAGE AND PRESENCE OF THE MINISTER OF PUBLIC HEALTH OF LEBANON **DR. RAKAN NASSRELDINE**

3rd MEDICAL CONGRESS Advances in Multidisciplinary Healthcare **May 30th - 31st, 2025**

HANDS-ON WORKSHOPS

1- Advanced Workshop on Pulmonary Cryotherapy & Plasma Argon: **Techniques and Clinical Applications**

- 2- Management of difficult airways
- 3- Transthoracic Echography for non-cardiologists

JNIVERSITY OF

4- Introduction to general cardiology for medical students



ORGANIZED BY

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With the participation of



























Nursing Program





IHM



NOTRE DAME UNIVERSITY HOSPITAL LEBANESE HEALTHCARE MANAGEMENT - SAL













Dear Colleagues,

On behalf of the organizing and scientific committees, it is my great pleasure to invite you to the **University of Balamand 3rd Medical Congress**, taking place on **May 30th and 31st at the Koura Campus.** This prestigious event will gather medical professionals, researchers, and specialists to discuss advancements and foster collaboration in healthcare.

This year's congress will feature a diverse program with multidisciplinary sessions across various medical specialties. In addition to the main sessions, there will be three parallel sessions dedicated to Pediatrics, Orthopaedics, and Obstetrics & Gynaecology, offering focused discussions on the latest developments in these fields while promoting interdisciplinary collaboration.

The congress will also include interactive multidisciplinary sessions, where experts will address complex clinical cases, innovative treatments, and integrated patient care strategies. Hands-on workshops will provide participants with valuable insights into emerging technologies and the latest clinical practices.

Beyond the scientific program, attendees will have numerous opportunities for networking, collaboration, and knowledge exchange in a collegial environment.

We look forward to welcoming you to the University of Balamand campus for an inspiring and impactful event. Your participation will greatly contribute to its success.

Warm regards,



Ghassan Nabbout, MD Organizing Committee Chair



Jun Un

Adlette Inati, MD Scientific Committee Chair



SCIENTIFIC COMMITTEE

Adlette Inati, MD | Chair Antoine Abou Moussa, MD Fadi Abdulkarim, MD Falah Bashour, MD Ghassan Nabbout, MD Khalil Achkar, MD Line Bou Khalil, MD Louis Chaptini, MD Mathilde Azar, PhD Maroun Abou Jaoude, MD Mounzer Saleh, MD Mustapha Allouch, MD Nancy Nakhoul, MD Nisrine Bazarbachi, MD Pierre Murad, MD Ramzi Moucharafieh, MD Samer Nasr, MD

ORGANIZING COMMITTEE

Ghassan Nabbout, MD | Chair Amjad Kanaan, MD Cyril Tohme, MD Frederic Harb, PhD George Farah, Mr Hilda Ghadieh, PhD Samer Bazzi, PhD Samer Bassim, MD Zavi Lakissian, MD



DAY 1: FRIDAY 30TH | NAHYANE AUDITORIUM

08:30 - 09:00	Registration		
09:00 - 10:25	Session 1: Strategies for Diabetes and Cardiov Moderators: Maya Barake, MD - Rania El Mays, I		
09:00 - 09:20	LECTURE SUPPORTED BY NOVONORDISK The Cardiometabolic Approach: A Holistic Mana		
09:20 - 09:40	LECTURE SUPPORTED BY ASTRA ZENECA Advancing Diabetes Care: From Control to Com		
09:40 - 10:00	Advances in Diabetes Management and Their I		
10:00 - 10:20	LECTURE SUPPORTED BY BOEHRINGER INGEL Cardiorenal Metabolic Risk Management - Fror		
10:20 - 10:25	Q&A		
10:25 - 10:45	Coffee Break		
10:45 - 12:10	Session 2: Advances in Stroke Management: Moderators: Rachid Rahme, MD - Costy Kheir, M		
10:45 - 11:05	Emergency Room Management of Stroke: First		
11:05 - 11:25	• Updates in Acute Ischemic Stroke Imaging CT,		
11:25 - 11:45	Thrombolysis and Anticoagulation in Stroke		
11:45 - 12:05	Frontiers in Stroke Thrombectomy		

vascular Risk Reduction	Chair: Mounzer Saleh, MD		
MD - Chaouki Al Haddad, MD			

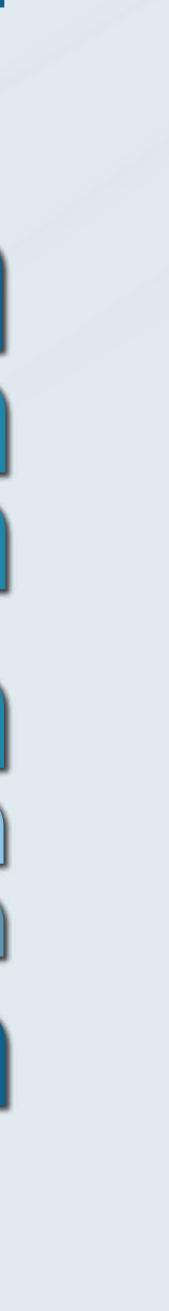
nagement for Type 2 Diabetes	Carole Saadé Riachi, MD
mplications	Rita Nemr, MD
Impact on Diabetes Related Complicatio	ns Monzer Saleh, MD
ELHEIM om Screening to Intervention	Nancy Nakhoul, MD

From Emergency to Intervention | Chair: Nisrine Bazarbachi, MD 1D

st Hour Saves Lives

, MRI or Artificial Intelligence

Nour Osta, MD Raghid Kikano, MD Nabil Mohsen, MD Raghid Kikano, MD



DAY 1: FRIDAY 30TH NAHYANE AUDITORIUM

12:05 - 12:10	Q&A
12:10 - 13:50	Session 3: Cardiometabolic Chair: Hisham Moderators: Antoine Tarabay, MD - Mohamn
12:10 - 12:30	• Update on Management of Atrial Fibrillation
12:30 - 12:50	Medical Treatment of Atrial Fibrillation
12:50 - 13:10	LECTURE SUPPORTED BY ASTRA ZENECA Delivering HF Care Across EF Spectrum
13:10 - 13:25	• Tips and Tricks in Heart Failure Therapy
13:25 – 13:45	Leap Forward in Heart Failure Care
13:45 - 13:50	Q&A
13:50 - 14:50	Lunch Break
14:50 - 15:55	Session 4: Nephrology Chair: Line Bou Kha Moderators: Georges Aftimos, MD - Walid Ab
14:50 - 15:10	Time to Rethink Therapy in IgA Nephropathy
15:10 - 15:30	Clinico-Pathological Correlation
15:30 - 15:50	Uncontrolled Blood Pressure
15:50 - 15:55	Q&A

Chair: Hisham Dib, MD y, MD - Mohammad El Sheikh, MD - Antoine Stephan, MD

Wadih Ayoub, MD

Samer Nasr, MD

Georges Saade, MD

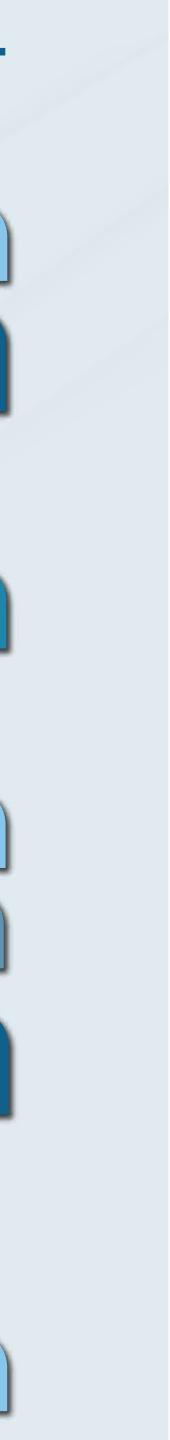
Rana Waked, RN Hadi Skouri, MD

air: Line Bou Khalil, MD os, MD - Walid Abou Jaoude, MD - Chebl Mourani, MD

Chebel Khalil, MD

Hala Kfoury, MD

Suzanne El Sayegh, MD



DAY 2: SATURDAY 31ST | NAHYANE AUDITORIUM

08:30 - 09:00	Registration
09:00 - 9:30	OPENING CEREMONY
09:30 - 10:50	Session 5: Geriatrics Chair: Khalil Achkar, MD
09:30 - 09:50	Optimizing Medication Use in Older Adults: St and Safer Prescribing Practices
09:50 - 10:10	A Compendium of Depression and Anxiety in
10:10 - 10:30	Nutritional Evaluation in the Elderly: What Do
10:30 - 10:45	Teamwork Saves Lives: The Nurse's Voice in Pr
10:45 - 10:50	Q&A
10:50 - 11:10	Coffee Break
11:10 - 12:35	Session 6: From Scope to Catheter to Scalpel Moderators: Noha Hachem, MD - Tony Kfoury
	Moderators: Noha Hachem, MD - Tony Kfoury
11:10 - 11:30 11:30 - 11:50 11:50 - 12:10	Moderators: Noha Hachem, MD - Tony Kfoury Ulcers, Varices and Beyond: Endoscopic and A Chasing the Source: Diagnostic and Therapeut Interventional Radiologist in Action: When, Ho
11:10 - 11:30 11:30 - 11:50	Moderators: Noha Hachem, MD - Tony Kfoury Ulcers, Varices and Beyond: Endoscopic and A Chasing the Source: Diagnostic and Therapeut

Strategies for Deprescribing

n the Elderly

o Physicians Need to know?

Preventing Medication Errors

Georges Assaf, MD

Ramzi Hajjar, MD Francois Sahyoun, MD Christine Azar, PhD, RN

el: Modern Approaches to GI Bleeding | Chair: Louis Chaptini, MD ry, MD - Rose Al Bacha, MD - Wakim Wakim, MD

djunctive Strategies for Upper GI Bleeding	Louis Chaptini, MD
tic Strategies for Lower GI Bleeding	Mahmoud Osman, MD
ow, and Why to Intervene in GI Bleeding	Nadim Muallem, MD
g the Surgeon's Role in GI Bleeding	Mustafa Allouch, MD



DAY 2: SATURDAY 31ST | NAHYANE AUDITORIUM

12:35 - 14:15	Session 7: Respiratory Care in Focus: ARDS Upd Moderators: Carole Youakim, MD - Jerard Bleibel, M
12:35 - 12:55	ARDS Updates and Breakthroughs
12:55 - 13:15	The Unforgotten Threat
13:15 - 13:35	Updates in Thrombectomy for Pulmonary Embol The Evolving Role of Interventional Radiology
13:35 - 13:55	Progressive Pulmonary Fibrosis : New Era New H
13:55 - 14:10	Rapid Response Team: Evidence-Base and Comp
14:10 - 14:15	Q&A
14:15 - 15:15	Lunch Break
15:15 - 16:40	Session 8: Transplant Chair: Mustapha Allouch, Moderators: Frederic Harb, PhD
15:15 - 15:35	Transplant Surgery: Pass Present and Future
15:35 - 15:55	Advances in Stem Cell Therapy
15:55 - 16:15	Immunosuppression in Organ Transplantation
16:15 - 16:35	Panel Discussion: Ethical Legal and Religious Issu
16:35 - 16:40	

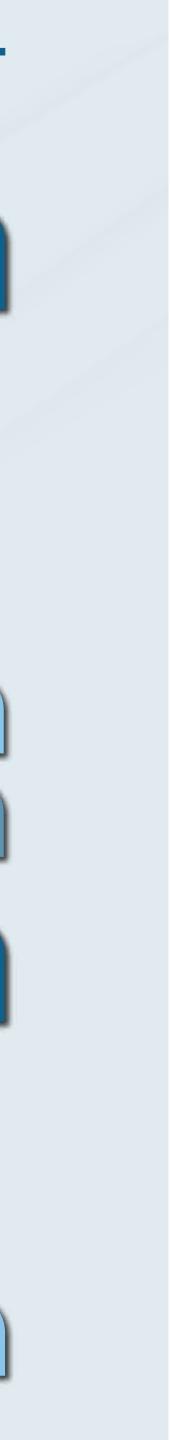
pdates and Breakthroughs | Chair: Pierre Mrad, MD
MD - Georges Chalouhi, MD

	Mirna Fares, MD
	Noura Shakaroun, MD
bolism:	Marwan Haddad, MD
ew Hope	Zahia Chahine, MD
mparative Statistics with MLH	Nada Sammoury, MSN, MSE, HN

ch, MD

Mustafa Allouch, MD Albert Azar, MD - Charbel Khalil, MD Maroun Abou Jaoude, MD

ssues



DAY 2: SATURDAY 31ST | RIZK AUDITORIUM - GHASSAN RIZK HALL

08:30 - 09:00	Registration		
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE A		
09:30 - 10:50	Session 1 Chair: Adlette Inati, MD Moderators: Aya Trabulsi, MD - Gladys Gemaye		
09:30 - 09:50	Hemoglobinopathies - Successes and Challeng		
09:50 - 10:10	Transfusion Guidelines in Children		
10:10 - 10:30	Approach to Neck Masses in Children		
10:30 - 10:50	LECTURE SUPPORTED BY MERSACO AMGEN ITP Beyond The Acute Phase: Evolving Perspectives on Chronic Disease and Moderators: Dany Khoury, MD		
10:50 - 12:05	Session 2 Chair: Adlette Inati, MD Moderators: Faysal Tleis, MD - Randa Jamal Ak		
10:50 - 11:10	Acute Respiratory Distress in the Newborn		
11:10 - 11:30	Common Pediatric Emergencies		
11:30 - 11:50	Nutritional Intervention and Their Role in Ped		
11:50 - 12:05	Q&A		
12:05 - 12:35	Coffee Break		

PEDIATRIC DAY

UDITORIUM

- Jennifer Abi	Volumic MD

ges

Adlette Inati, MD

Dolly Noun, MD

Roula Farah, MD

Modern Managemnet

Peter Noun, MD

coum, MD - Hala Feghali, MD

Faouzi Maalouf, MD

Marianne Majdalani, MD

Mode Al Ojaimi, MD

liatric Allergy



DAY 2: SATURDAY 31ST | RIZK AUDITORIU

12:35 - 13:45	Session 3 Chair: Adlette Inati, MD Moderators: Gaby Falakha, MD - Yolla Nassif, M
12:35 - 12:50	Inborn Errors of Immunity: From Bench to Bed
12:50 - 13:05	Genetics Made Easy for the Pediatrician
13:05 - 13:20	Genetic Disorders in Lebanon
13:20 - 13:35	LECTURE SUPPORTED BY MERSACO-SANOFI F Metabolic Tourism in Lebanon Moderators: Issam Maalouf, MD
13:35 - 13:45	Q&A
13:45 - 14:50	Lunch Break
14:50 - 15:20	Panel: Heavy Menstrual Bleeding in Adolescent Girls: Diagnostic Inequality and Suboptimal Treatme

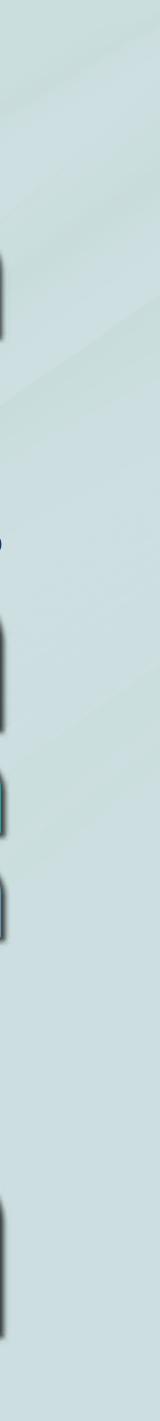
	CCAN		
GHA	SSAN	RIZK	HALL

PEDIATRIC DAY

ID - Adlette Inati, MD

dside	Cybel Mehawej, PhD Eliane Choueiry, PhD
	Andre Megarbane, MD, PhD
RARE DISEASES	Hicham Mansour, MD
ent	Adlette Inati, MD Antoine Abou Moussa, MD

Exploring Key Findings and Solutions Naim Bejjani, MD



DAY 2: SATURDAY 31ST | RIZK AUDITORIUM - GHASSAN RIZK HALL

15:40 - 17:10	Session 4 Chair: Adlette Inati, MD Moderators: Pia Kiwan, MD - Nadia Koleilat, MD
15:40 - 16:00	Common Orthopedic Disorders in Children
16:00 - 16:20	Anxiety and Depression in Adolescents
16:20 - 16:40	Child Abuse: Red Flags
16:40 - 17:00	• The Power of We: Interprofessional Education a
17:00 - 17:10	Q&A
17:10 - 17:35	Coffee Break
17:35 - 18:55	Session 5 Chair: Adlette Inati, MD Moderators: Rouba Shaker, MD - Guylnar Dib, M
17:35 - 18:55 17:35 - 17:55	
	Moderators: Rouba Shaker, MD - Guylnar Dib, M
17:35 - 17:55	Moderators: Rouba Shaker, MD - Guylnar Dib, M Pediatric Vaccines - What is New?
17:35 - 17:55 17:55 - 18:15	Moderators: Rouba Shaker, MD - Guylnar Dib, M Pediatric Vaccines - What is New? Unraveling Rheumatological Disorders: When
17:35 - 17:55 17:55 - 18:15 18:15 - 18:35	 Moderators: Rouba Shaker, MD - Guylnar Dib, M Pediatric Vaccines - What is New? Unraveling Rheumatological Disorders: When Congenital Renal Anomalies

PEDIATRIC DAY

) - Yusef Rachkidi, MD - Ghassan Nabbout, MD

Joe Rassi, MD

Jocelyne Azar, MD

Myriam Al Amm, MD

and Communication

Peggy Germanos, MSN, RN

1D - Ghaith Makhoul, MD - Ziad Massouh, MD

Symptoms SpeakRacha Tohme, MDDima Kayal, MDRamy Ghabril, MD



DAY 2: SATURDAY 31ST | JACOBO AUDITORIUM - AIDA DANNIEL HALL

08:30 - 09:00	Registration
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE A
09:30 - 11:00	Session 1 Chair: Antoine Abu Musa, MD Moderators: <i>Mustafa Chabban, MD</i>
09:30 - 09:50 09:50 - 10:10	The Future of Robotic Surgery in Gynecologic S Advancements, Challenges, and Prospects Endometriosis & Infertility: Evaluating the Role
10:10 - 10:30	Uterine Sparing Surgery in Premenopausal Abr
10:30 - 10:50	Revolutionizing IVF with Artificial Intelligence
10:50 - 11:00	Q&A
11:00 - 11:40	Coffee Break
11:40 - 13:30	Session 2 Chair: Antoine Abu Musa, MD Moderators: John Sawaya, MD - Nicola Darazi
11:40 - 12:00	First Trimester Bleeding: Progesterone to Give

OB GYN DAY

UDITORIUM

Surgery:

e of Surgery

normal Uterine Bleeding

Elie Chalhoub, MD

Bassem Skaf, MD

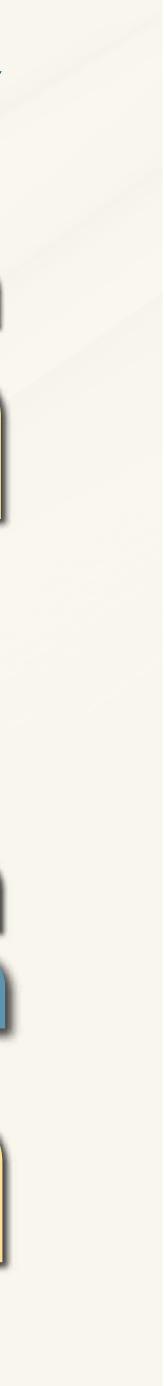
Abdelwahab EL Aly, MD

Chadi Fakih, MD

i, MD

or not to Give

Toufic Nakad, MD



DAY 2: SATURDAY 31ST JACOBO AUDITORIUM - AIDA DANNIEL HALL

- 12:00 12:20 •
- 12:20 12:40
- 12:40 13:00
- 13:00 13:20

13:20 - 13:30

- Updates on Epithelial Tumors of Female Genital Tract and Clinical Implications
- Burnout in Medicine: Is it Worth it?
- Prevention of Preterm Birth: What World & What Doesn't
- From Stigma to Support: Encouraging Help-Seeking for Sexual Health Issues

Q&A

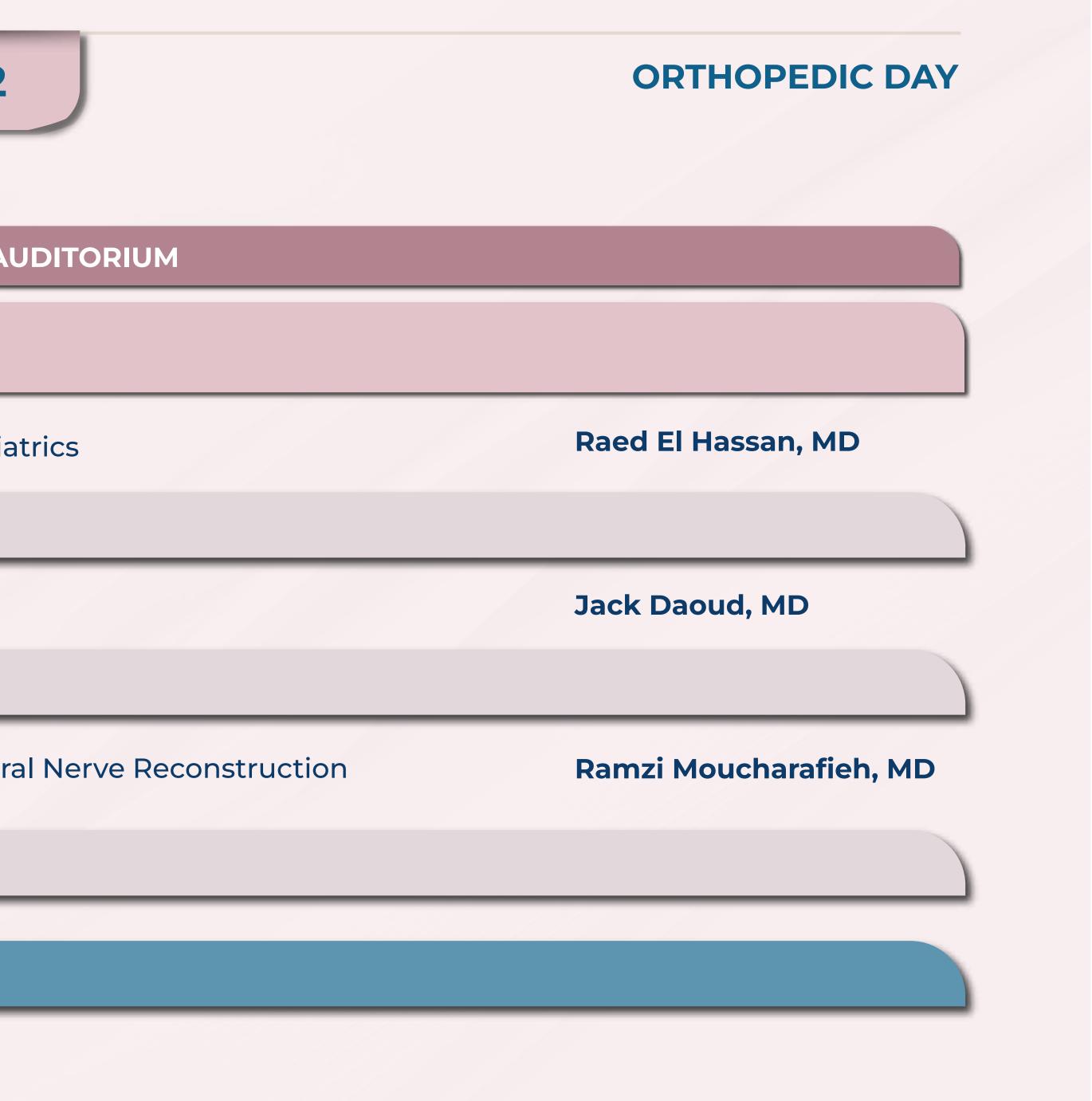
OB GYN DAY

Fadi Abdulkarim, MD Antoine Abu Musa, MD Abdallah Adra, MD Mathilde Azar, PhD



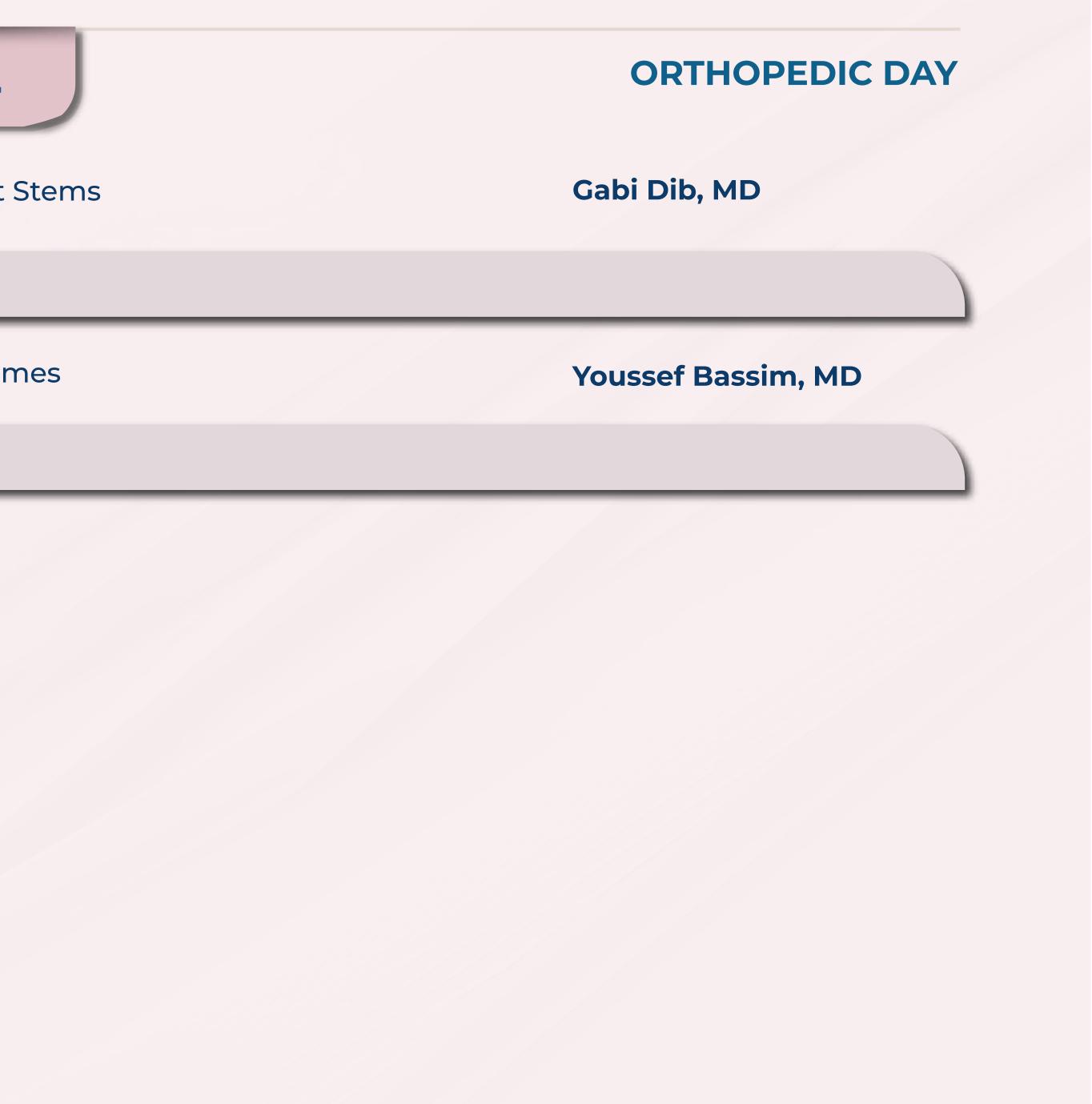
DAY 2: SATURDAY 31ST | NAHYANE 202

08:30 - 09:00	Registration
09:00 - 9:30	OPENING CEREMONY REFER TO NAHYANE A
09:30 - 12:00	Session Chair: Ramzi Moucharrafieh, MD Moderators: Ramzi Moucharrafieh, MD
09:30 - 09:50	Supracondylar Fractures of the Humerus Pedia
09:50 - 09:55	Q&A
09:55 - 10:15	Tibial Plateau Slope and ACL Injury
10:15 - 10:20	Q&A
10:20 - 10:40	Vascularized Nerve Grafts: Advancing Peripher
10:40 - 10:45	Q&A
10:45 - 11:15	Coffee Break



DAY 2: SATURDAY 31ST | NAHYANE 202

11:15 - 11:35	The History and Evolution of Hip Replacement
11:35 - 11:40	Q&A
11:40 - 12:00	Al in Orthopedic Surgery: Transforming Outcon
12:00 - 12:05	Q&A



	HANDS-ON WORKSHOP			
	DAY 2 NAHYANE ROOM 102			
	Saturday May 31 st 2025 Starting from 15:00			
	Advanced Workshop on Pulmonary Cryotherapy and Plasma Argon: Techniques and Clinical Applications Moderators: Pierre Mourad, MD			
	Pierre Mourad, MD - Noura Chacaron, MD - Radwan Zeidan, M			
	REGISTER HERE			
	DAY 2 SIMULATION CENTER			
•	Friday May 30 th 2025 from 15:00 - 17:00			
	Gates to General Cardiology Moderators: Antoine Estephan, MD, MBA - Samer Nasr, MD Fady Tohmeh, MD			

REGISTER HERE

Limited Spots



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ORGANIZED BY:



